

Everything DOT Physical Exam Guide

Complete Guide for Commercial Drivers

Everything you need to know about FMCSA DOT physical examinations: what to expect, what to bring, medical standards, common failures, pathways to certification, and how to prepare for your exam.

Charlotte DOT Exam Center, LLC

Serving Commercial Drivers Since 1991

\$70 Flat Rate • Walk-Ins Welcome • Same-Day Certification

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Medically reviewed by Dr. Alan M. Tebby, D.C. (NPI 1407931991) and Dr. Lemuel P. Byrd, Jr., D.C. (NPI 1205835543), FMCSA Certified Medical Examiners

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Table of Contents

1. Introduction — Why This Guide Exists	3
2. Who Needs a DOT Physical	3
3. What to Bring to Your DOT Physical	4
4. What to Expect — The Examination Process	6
5. FMCSA Medical Standards Explained	8
6. Certification Duration Explained	10
7. Medical Conditions and DOT Certification	11
8. Common DOT Physical Failures and How to Prepare	14
9. If You Fail — The Recovery Pathway	15
10. DOT Drug and Alcohol Testing	16
11. Fleet and Employer DOT Services	17
12. Pricing, Payment, and What's Included	17
13. Frequently Asked Questions	18
14. How to Schedule Your DOT Physical	19
15. About Charlotte DOT Exam Center, LLC	19

1. Introduction — Why This Guide Exists

If you drive a commercial motor vehicle in the United States, you are required to maintain a current Department of Transportation medical certificate. The DOT physical examination is the federally-mandated process that determines whether you qualify. This guide exists because we see the same questions and same preventable failures every week — drivers who could have passed on their first attempt if they had known what to bring, what to expect, and how to prepare.

Charlotte DOT Exam Center, LLC has served commercial drivers in North Carolina and South Carolina since 1991. Our two FMCSA-certified medical examiners, Dr. Alan M. Tebby and Dr. Lemuel P. Byrd, Jr., have examined tens of thousands of drivers and collected the patterns: what trips drivers up, what documentation matters, which conditions require specialist input, and how to navigate certification when medical history gets complicated. This guide packages that experience into a reference you can keep.

This guide is designed for three audiences: new CDL drivers going through their first DOT physical, experienced drivers preparing for recertification, and owner-operators or fleet drivers managing their DOT compliance. Read the sections most relevant to you and keep this guide for future reference.

2. Who Needs a DOT Physical

Federal regulations under 49 CFR 391.41 require DOT medical certification for commercial drivers operating vehicles that meet any of the following criteria:

Vehicle / Operation Type	DOT Physical Required?
Vehicle with GVWR over 10,001 lbs in interstate commerce	Yes
Vehicle designed to transport 16+ passengers (including driver)	Yes
Any vehicle transporting placarded hazardous materials	Yes
Class A, Class B, or Class C CDL holders	Yes
School bus drivers (state requirements vary)	Yes
Amazon DSP drivers (vehicle-dependent + company policy)	Often
FedEx Ground / UPS delivery drivers (vehicle-dependent)	Often
Non-CDL commercial drivers under 10,001 lbs GVWR	No (federally)
Farm vehicle operations (specific exceptions)	Varies

If you are uncertain whether your operation requires DOT certification, contact your employer's safety department, your CDL dispatcher, or call us at 704-544-3494. Misinterpreting requirements can result in citations, insurance issues, and employment consequences.

3. What to Bring to Your DOT Physical

Arriving prepared is the single most important factor in completing your DOT physical in one visit rather than multiple. Bring the following items to every DOT physical appointment:

Required for Every Driver

- Valid government-issued photo ID (driver's license, passport, or state ID)
- Current glasses or contact lenses if worn for driving
- Current hearing aids if worn
- Complete list of current medications with dosages and prescribing physician names
- Previous DOT medical certificate if you have one (for reference)
- Payment: \$70 for DOT physical, \$140 for standalone drug test, or \$200 combined

If You Have Diabetes

Bring recent A1C results (within the last 90 days), blood glucose logs from the past 30 days if available, and a complete medication list showing any insulin, oral medications, or GLP-1 agonists. Insulin-treated diabetics must also bring the FMCSA MCSA-5870 form completed by their treating physician within the last 45 days. Without the MCSA-5870, insulin-treated drivers cannot be certified.

If You Have High Blood Pressure

Bring blood pressure readings taken at home for 7 days prior to your exam (morning and evening, same time each day). Bring your complete medication list with start dates for each blood pressure medication. If you have recently had medication changes, bring your prescribing physician's note documenting the adjustment.

If You Have Sleep Apnea

Bring your CPAP compliance report from your machine or sleep specialist showing at least 4 hours of use per night on 70% or more of nights over the past 30 days. If you recently started CPAP therapy, bring your sleep study results and any follow-up notes from your sleep physician.

If You Have Heart Conditions

Bring a cardiologist clearance letter specifically authorizing commercial driving. Include recent stress test results, echocardiogram reports, and cardiac device interrogation reports if you have a pacemaker or ICD. For bypass surgery or stent placement, bring operative reports and subsequent follow-up notes.

If You Have Vision Correction Needs

Bring recent eye exam results (within 1 year preferred), your current glasses or contacts, and if you have applied for or held a federal vision waiver, bring your waiver documentation and any exemption renewal paperwork.

After a Hospitalization

Any hospitalization in the past year requires discharge summary documentation, specialist clearance letters authorizing return to commercial driving, and a complete updated medication list. For drivers recovering from surgery, heart attack, stroke, or serious injury, bring follow-up appointment notes documenting your recovery progress.

4. What to Expect — The Examination Process

Most DOT physical examinations complete in 30 to 45 minutes. Drivers with complex medical histories or requiring extensive documentation review may need up to 60 minutes. Here is the full process from arrival to certification.

Step 1: Check-In and Paperwork (10-15 minutes)

Our front desk verifies your identification, confirms your contact information, and provides the FMCSA medical history questionnaire. The questionnaire is detailed — it documents your complete medical history, surgical history, current medications, and any conditions that could affect your fitness to drive. Accuracy matters. Our examiner reviews your responses before the physical examination, and inconsistencies between what you write and what we observe raise concerns about reliability.

Step 2: Medical History Review (5-10 minutes)

Our FMCSA-certified medical examiner reviews your completed history form with you, discusses any flagged conditions, and asks clarifying questions. This is the time to mention recent hospitalizations, specialist consultations, medication changes, or any symptoms you have experienced since your last exam. The examiner documents relevant details for the official Medical Examination Report (MCSA-5875).

Step 3: Physical Examination (15-20 minutes)

The physical examination covers every standard required under 49 CFR 391.41:

- **Vision screening:** 20/40 acuity in each eye (corrected or uncorrected), color vision sufficient for traffic signals, horizontal field of vision of at least 70 degrees in each eye.
- **Hearing assessment:** Forced whisper test at 5 feet, or audiometric testing at 500Hz, 1000Hz, 2000Hz, and 3000Hz frequencies.
- **Blood pressure measurement:** Standard cuff measurement; elevated readings are repeated after rest.
- **Urinalysis:** Dipstick screening for glucose, protein, and blood — indicates possible diabetes or kidney issues requiring follow-up.
- **Cardiovascular evaluation:** Heart sound auscultation, pulse assessment, peripheral circulation check.
- **Respiratory assessment:** Lung sound evaluation, breathing pattern observation.
- **Abdominal examination:** Check for masses, hernias, abdominal tenderness.
- **Musculoskeletal evaluation:** Range of motion, grip strength, spinal assessment.
- **Neurological review:** Reflexes, balance, coordination.

Step 4: Certification Determination (5 minutes)

Based on examination findings and documentation review, the examiner determines your certification duration. Most drivers qualify for 24-month certification. Drivers with managed conditions such as stable hypertension or controlled diabetes may receive 12-month certification. Drivers with conditions requiring

close monitoring may receive 3-month certification. Drivers not meeting standards receive specific guidance on the pathway to certification.

Step 5: Certificate Issuance and FMCSA Submission

Qualifying drivers receive their laminated Medical Examiner's Certificate (MCSA-5876) before leaving our office. This is your official proof of DOT medical qualification. We submit results electronically to the FMCSA National Registry within one hour of completion. Your information automatically flows to your state DMV record per federal electronic certification requirements. Fleet drivers' certificates are also delivered electronically to the employer's designated contact within 4 hours.

5. FMCSA Medical Standards Explained

FMCSA medical standards are established under 49 CFR 391.41 and guided by the FMCSA Medical Examiner's Handbook. These standards define the minimum physical qualifications for commercial motor vehicle drivers.

Vision Standard

Drivers must have at least 20/40 visual acuity in each eye (with or without corrective lenses), a horizontal field of vision of at least 70 degrees in each eye, and the ability to recognize the colors of traffic signals and devices showing standard red, green, and amber. Drivers who cannot meet the standard may qualify for a federal vision waiver through the FMCSA exemption program.

Hearing Standard

Drivers must be able to hear a forced whisper at a distance of 5 feet (with or without a hearing aid) in at least one ear. Alternatively, drivers may demonstrate hearing loss not exceeding 40 decibels at 500Hz, 1000Hz, and 2000Hz frequencies. Deaf drivers may qualify under the FMCSA hearing exemption program established in 2013.

Blood Pressure Standard

Blood pressure thresholds determine certification duration:

Blood Pressure Reading	Certification Duration
Below 140/90	24 months (standard certification)
140-159 / 90-99	12 months (Stage 1 hypertension)
160-179 / 100-109	3 months (Stage 2, treatment required)
180/110 or above	Not certified until controlled

Diabetes Standard

Non-insulin-treated diabetes typically qualifies for certification when A1C shows control (generally under 10%) and the driver has no history of severe hypoglycemia. Insulin-treated diabetes requires the FMCSA MCSA-5870 Insulin Treated Diabetes Mellitus Assessment Form, completed by the treating physician within the last 45 days.

Sleep Apnea Standard

Untreated moderate-to-severe sleep apnea is disqualifying. Drivers diagnosed with sleep apnea must document CPAP compliance of at least 4 hours per night on 70% or more of nights over a 30-day period. Ongoing compliance is required for continued certification. Drivers using CPAP typically receive 12-month certification with periodic compliance review.

Cardiovascular Standards

Drivers with cardiac conditions including stents, pacemakers, ICDs, bypass surgery, heart attack history, or congestive heart failure require cardiologist clearance for commercial driving. Documentation must demonstrate stable cardiac function, appropriate medication management, and no symptoms affecting fitness to drive.

Neurological Standards

Seizure disorders are generally disqualifying, with narrow exception pathways for drivers who have been seizure-free for specified periods with neurologist clearance. Stroke recovery requires clearance documenting no residual deficits affecting driving ability.

Mental Health Standards

Controlled mental health conditions generally qualify for certification with appropriate documentation. Psychiatric conditions requiring ongoing medication or specialist management need psychiatrist clearance letters. Disqualifying conditions include active psychosis, uncontrolled bipolar disorder, and severe depression with impairment in judgment or cognitive function.

6. Certification Duration Explained

The FMCSA medical examiner determines the duration of your medical certificate based on your examination findings and any managed conditions. Duration ranges from full 2-year certification down to 3-month short-term certifications.

Duration	Who Qualifies	Requirements
24 months	Healthy drivers meeting all standards	No managed conditions, normal exam
12 months	Drivers with stable controlled conditions	Controlled hypertension, managed diabetes, CPAP-compliant sleep apnea
3 months	Drivers requiring close monitoring	Stage 2 hypertension being treated, recent medication changes
Not certified	Drivers not meeting standards	Uncontrolled conditions, missing documentation

Why Shorter Durations Are Not a Failure

A 12-month or 3-month certification is still a valid DOT medical certificate that allows you to work. Shorter durations simply mean FMCSA wants to monitor your condition more frequently to ensure ongoing safety. Many drivers with controlled hypertension or managed diabetes drive their entire careers on 12-month certifications without any career impact. The key is staying compliant with your treatment plan and returning for recertification before your current certificate expires.

Planning for Recertification

Track your medical certificate expiration date carefully. Driving with an expired certificate is a federal violation with serious employment and licensing consequences. Schedule your recertification 30 to 60 days before expiration to avoid any lapse. Charlotte DOT Exam Center offers a free SMS reminder program that texts you at 30, 15, 7, and 1 day before your certificate expires. Ask about enrollment at your next visit.

7. Medical Conditions and DOT Certification

Most medical conditions do not automatically disqualify commercial drivers. FMCSA standards focus on whether your condition is controlled, whether you have appropriate treatment and monitoring, and whether the condition affects your ability to operate a commercial motor vehicle safely.

Hypertension (High Blood Pressure)

The most common DOT medical finding. Drivers with Stage 1 or Stage 2 hypertension typically qualify once medication stabilizes blood pressure below the relevant threshold. Work with your primary care physician to document medication regimen and bring blood pressure logs to your appointment.

Type 2 Diabetes (Non-Insulin)

Non-insulin diabetes qualifies for 12-month certification when A1C shows control (under 10%, preferably under 8%) and there is no history of severe hypoglycemia. Bring recent A1C results, a current medication list, and blood glucose logs if you monitor at home.

Insulin-Treated Diabetes

Drivers using insulin must complete the FMCSA MCSA-5870 Insulin Treated Diabetes Assessment Form within 45 days prior to the DOT physical. The form is completed by your treating endocrinologist or physician and documents stable glucose control, no severe hypoglycemia in the past 12 months, your ability to recognize and treat hypoglycemia, and fitness to operate a CMV. Without this form, insulin-treated drivers cannot be certified. Download the MCSA-5870 from fmcsa.dot.gov before your appointment.

Sleep Apnea

Diagnosed sleep apnea is not automatically disqualifying. Drivers on CPAP therapy must document compliance of at least 4 hours per night on 70% or more of nights over a 30-day period. CPAP machines generate compliance reports that your sleep physician can print. Drivers typically receive 12-month certification initially, with ongoing compliance required for recertification.

Cardiac Stents and Pacemakers

Drivers with cardiac stents typically qualify for certification 3 to 6 months after placement, with cardiologist clearance confirming successful intervention and stable cardiac function. Pacemaker patients qualify when the device is functioning properly, the underlying rhythm disorder is controlled, and the cardiologist confirms fitness for commercial driving.

Heart Attack or Bypass Surgery History

Drivers recovering from heart attack or bypass surgery typically qualify for certification 3 to 6 months post-event with cardiologist clearance. Documentation must include discharge summaries, operative reports, follow-up cardiac assessments, and specialist authorization for commercial driving.

Seizure Disorders and Epilepsy

Active seizure disorders are generally disqualifying. Drivers with seizure history may qualify after extended seizure-free periods (typically 5 to 10 years with neurologist clearance), depending on the specific condition and medication regimen. Federal seizure exemption programs exist for specific circumstances.

Stroke Recovery

Drivers who have experienced a stroke require neurologist clearance documenting no residual deficits affecting driving ability, stable neurological status, and appropriate medication management. Cognitive, motor, and sensory function must be assessed.

Vision Issues and Waivers

Most vision issues are correctable with glasses or contact lenses to meet the 20/40 standard. Drivers who cannot achieve 20/40 even with correction may qualify for a federal vision waiver through the FMCSA exemption program. The process involves an ophthalmologist evaluation, application through FMCSA, and a 60 to 90 day review period.

Hearing Loss and Deafness

Most hearing loss is correctable with fitted hearing aids meeting FMCSA standards. Deaf drivers and drivers with severe hearing loss may qualify under the FMCSA hearing exemption program established in 2013. The exemption requires application through FMCSA with appropriate documentation and includes a federal register public comment period.

Mental Health and Psychiatric Conditions

Controlled conditions including depression, anxiety, PTSD, and stable bipolar disorder generally qualify for certification with psychiatrist clearance. Certain medications including benzodiazepines and certain antipsychotics may complicate certification. Bring psychiatrist notes, current medication list, and stability documentation.

8. Common DOT Physical Failures and How to Prepare

Understanding why drivers fail helps you prepare. Here are the top five disqualifiers and pathways to certification.

1. High Blood Pressure (Uncontrolled Hypertension)

The single most common cause of DOT physical failure. FMCSA standards allow 24-month certification for readings under 140/90, 12-month certification for readings between 140-159/90-99, and no certification for readings at or above 180/110 until treated. Most drivers with elevated blood pressure qualify for certification after 2 to 4 weeks on blood pressure medication.

Preparation strategy: If you have any history of elevated blood pressure, see your primary care physician 2-3 weeks before your DOT physical. Discuss medication timing, verify stable readings at home, and bring 7 days of blood pressure logs. Avoid caffeine for 30 minutes before your exam, schedule morning appointments when readings are typically most stable, and inform your examiner of any medication changes.

2. Vision Problems (Below 20/40 Acuity)

FMCSA requires at least 20/40 visual acuity in each eye and sufficient color vision to recognize traffic signals. Most vision failures are correctable with updated glasses or contacts. Drivers who cannot achieve 20/40 even with correction may qualify for a federal vision waiver.

Preparation strategy: If you wear glasses or contacts, schedule an eye exam 30 days before your DOT physical. Update prescriptions if needed. Bring your current corrective lenses to the exam. Monocular drivers should research the federal vision waiver process in advance.

3. Untreated or Non-Compliant Sleep Apnea

Sleep apnea is a significant cause of DOT physical delay. Untreated moderate-to-severe sleep apnea is disqualifying. Drivers diagnosed with sleep apnea must document CPAP compliance of at least 4 hours per night on 70% or more of nights across a 30-day period.

Preparation strategy: Print your CPAP compliance report from your machine or sleep physician's office within the last 30 days. If you suspect sleep apnea but have not been diagnosed, complete a sleep study before scheduling your DOT physical — do not try to bypass the diagnosis.

4. Hearing Impairment

FMCSA requires drivers to hear a forced whisper from five feet away in at least one ear or demonstrate hearing at specified audiometric frequencies. Hearing failures are commonly correctable with fitted hearing aids. Deaf drivers may qualify through the FMCSA hearing exemption program established in 2013.

Preparation strategy: If you suspect hearing loss or currently wear hearing aids, schedule an audiometry evaluation before your DOT physical. Bring your hearing aids (with fresh batteries) to your appointment.

5. Uncontrolled Diabetes

Type 2 diabetes without insulin treatment typically qualifies for certification when A1C demonstrates control and the driver has no history of severe hypoglycemia. Insulin-treated diabetes requires the FMCSA MCSA-5870 form completed within the last 45 days by the treating physician.

Preparation strategy: Schedule your A1C test 30 to 60 days before your DOT physical. If you are insulin-treated, schedule an appointment with your prescribing physician at least 30 days before your DOT physical to complete the MCSA-5870 form.

9. If You Fail — The Recovery Pathway

A failed DOT physical is not the end of your commercial driving career. The majority of drivers who address the underlying condition pass on their second attempt. Here is the typical recovery timeline.

Week	Action	Outcome
Week 1	See primary care physician with failure report	Diagnosis confirmed, treatment started
Week 2-3	Follow treatment plan, monitor symptoms	Condition stabilizes
Week 3-4	Physician confirms readiness for retest	Clearance obtained
Week 4-6	Return for reexamination with documentation	Typically pass on second attempt

Immediate Actions After a Failed Exam

First, get the specific failure reason from your examiner. Ask for documentation showing exactly which FMCSA standard you did not meet and what the threshold is. This specificity allows your physician to target treatment precisely.

Second, contact your primary care physician within 2-3 days. Describe the specific failure reason, bring your documentation, and request an appointment to begin addressing the condition. Most primary care physicians can see you within the same week for a DOT-related concern.

Third, notify your employer if you work for a fleet. Most companies are understanding — failed DOT physicals are relatively common and drivers who address the underlying condition return to work quickly. Owner-operators should plan for 2 to 6 weeks of potential downtime and budget accordingly.

Second Opinion vs Waiting for Retest

You have the right to request a second opinion with any FMCSA-certified medical examiner. A second opinion involves a completely new examination at a different clinic and pays the standard DOT physical fee again. Consider a second opinion if you believe the original exam was conducted improperly or if you have made substantial medical improvements since the first exam. For most drivers, working with your physician to address the underlying condition and returning for reexamination is faster and more effective than pursuing a second opinion.

10. DOT Drug and Alcohol Testing

DOT drug and alcohol testing is separate from the DOT physical but often required at the same time. All testing is conducted under 49 CFR Part 40 and 49 CFR Part 382 federal regulations.

The 5-Panel DOT Drug Test

The DOT 5-panel drug test screens for five drug classes:

- **Marijuana (THC)** — including CBD products which may contain THC
- **Cocaine**
- **Amphetamines** — including methamphetamine and MDMA
- **Opioids** — including codeine, morphine, hydrocodone, oxycodone, heroin
- **Phencyclidine (PCP)**

Testing Categories

DOT drug testing occurs in six categories: pre-employment (required before safety-sensitive work begins), random (50% of drivers annually via unpredictable selection), post-accident (after qualifying accidents), reasonable suspicion (triggered by supervisor observations), return-to-duty (after a violation), and follow-up testing (after completing return-to-duty process).

CBD Warning for Commercial Drivers

CBD products commonly contain THC levels sufficient to trigger positive DOT drug test results. Product labels are often inaccurate. The DOT does not recognize CBD use as a legitimate medical explanation for positive marijuana results. Commercial drivers should avoid all CBD and hemp products to protect their careers.

What Happens If You Fail a Drug Test

A failed DOT drug test results in immediate removal from safety-sensitive duties, reporting to the FMCSA Drug and Alcohol Clearinghouse, and referral to a Substance Abuse Professional. You cannot drive a commercial vehicle until completing SAP evaluation, any recommended treatment, and passing a directly observed return-to-duty test. Follow-up testing continues for up to five years after return to duty.

11. Fleet and Employer DOT Services

Charlotte DOT Exam Center provides comprehensive services for fleet managers, HR departments, and employers managing commercial driver compliance.

Services for Fleet Accounts

- **Volume pricing** for fleets with 16 or more drivers
- **Automated expiration tracking** with notifications at 60, 30, and 14 days
- **Same-day new hire processing** to minimize onboarding delays
- **Electronic documentation delivery** within 4 hours of examination
- **Batch reporting** for groups of drivers examined together
- **Driver Qualification File support** per 49 CFR 391.51
- **DOT drug testing coordination** including Clearinghouse queries
- **Mobile collection services** for on-site testing at Charlotte-area terminals
- **Peak season capacity** for Prime Day, holiday peak, back-to-school hiring

Setting Up a Fleet Account

Fleet account setup takes one phone call. Call 704-544-3494 or email appt@tebbyclinic.com with your business name, DOT number (if applicable), fleet size, and billing contact. No contracts or minimum commitments required. Volume pricing discounts activate at 16 drivers per year.

12. Pricing, Payment, and What's Included

Service	Price	What's Included
DOT Physical	\$70	Complete FMCSA exam, laminated certificate, FMCSA Registry submission
DOT Drug Test (standalone)	\$140	5-panel urine test, LabCorp analysis, MRO review
Combined Physical + Drug Test	\$200	Both services, save \$10
Fleet Volume Pricing	Varies	Discounted rates for 16+ drivers/year

Payment Methods Accepted

We accept cash, all major credit and debit cards (Visa, MasterCard, American Express, Discover), and contactless mobile payments. Fleet accounts can be set up for invoiced billing with net-30 payment terms. DOT physicals are not typically covered by health insurance as they are occupational rather than medical care. Itemized receipts are provided for employer reimbursement or tax deduction purposes.

13. Frequently Asked Questions

How long is a DOT medical certificate valid?

Up to 24 months from the date of examination. Drivers with managed conditions may receive 12-month or 3-month certifications based on FMCSA guidance.

Do I need an appointment or can I walk in?

Walk-ins are welcome Monday-Friday 9am-5pm and Saturday 9am-12pm. We recommend calling ahead at 704-544-3494 for the fastest service.

Can I retest right away if I fail my DOT physical?

There is no mandatory waiting period for retesting. However, for conditions like hypertension or sleep apnea, you need time for treatment to stabilize — typically 2 to 4 weeks.

Are you FMCSA certified medical examiners?

Yes. Both Dr. Tebby (NPI 1407931991) and Dr. Byrd (NPI 1205835543) are listed on the FMCSA National Registry of Certified Medical Examiners.

Do you submit results to FMCSA?

Yes. All results are submitted electronically to the FMCSA National Registry within one hour of examination completion, and your state DMV record updates automatically.

What if my employer requires a specific form?

Bring any employer-specific forms to your appointment. We complete standard FMCSA documentation (MCSA-5875 and MCSA-5876) and can complete additional employer forms as needed.

Can I get a DOT physical if I use medical marijuana?

No. Medical marijuana is disqualifying under federal DOT regulations regardless of state legality. CBD products may also trigger positive drug tests and should be avoided.

Do you offer school bus driver physicals?

Yes. We provide DOT physicals meeting both federal FMCSA requirements and North Carolina state-level school bus driver requirements.

What if my CDL is from another state?

Your state of CDL issuance does not affect your ability to complete a DOT physical in North Carolina. FMCSA certification is federal and applies nationwide.

How often do I need a DOT physical?

Most drivers need recertification every 24 months. Drivers with managed conditions recertify every 12 months. Drivers with close-monitoring conditions recertify every 3 months.

14. How to Schedule Your DOT Physical

Three Ways to Book

- **Walk in** during business hours (Monday-Friday 9am-5pm, Saturday 9am-12pm) — no appointment required
- **Call 704-544-3494** to schedule an appointment, especially if traveling from outside Charlotte
- **Email appt@tebbyclinic.com** to request appointment scheduling or ask questions

Our Location

Charlotte DOT Exam Center, LLC

8415 Pineville-Matthews Road, Suite 102
Charlotte, NC 28226

Convenient South Charlotte location with easy access from I-485, I-77, and I-85. Ample parking including bobtail truck parking.

Business Hours

Monday–Friday: 9:00am – 5:00pm

Saturday: 9:00am – 12:00pm

Sunday: Closed

15. About Charlotte DOT Exam Center, LLC

Charlotte DOT Exam Center, LLC has served commercial drivers in North Carolina and South Carolina since 1991. Our practice focuses exclusively on Department of Transportation medical examinations, providing FMCSA-certified physicals, Medical Examiner's Certificates (MCSA-5876), and DOT-compliant drug and alcohol testing. We operate under North Carolina Secretary of State registration SOSID 3081858 and federal EIN 39-3160377.

Our Medical Examiners

Dr. Alan M. Tebby, D.C. is a board-eligible Chiropractic Orthopedist and FMCSA Certified Medical Examiner (NPI 1407931991). A Palmer College of Chiropractic graduate, Dr. Tebby founded Charlotte DOT Exam Center in 1991 and also directs Tebby Chiropractic and Sports Medicine Clinic.

Dr. Lemuel P. Byrd, Jr., D.C. is an FMCSA Certified Medical Examiner (NPI 1205835543) who serves Charlotte DOT Exam Center on a part-time schedule. Dr. Byrd maintains his primary practice at Keith Clinic on Triangle Drive in Charlotte. His educational background includes National College of Chiropractic, Sandhills Community College, and Pembroke State University.

Verify Our Credentials

Both physicians are listed on the FMCSA National Registry of Certified Medical Examiners. You can verify credentials at nationalregistry.fmcsa.dot.gov and NPI information at npiregistry.cms.hhs.gov.

Ready to Schedule Your DOT Physical?

Call **704-544-3494** or walk in during business hours.
\$70 flat rate • Same-day certification • Walk-ins welcome